



SHRIDEVI ANTARANGA

Journey with Service, Education and Spirituality



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**EDITOR'S
VOICE**

Dr. M R Hulinaykar
Editor and Founding Chairman,
SHRIDEVI Group of
Educational Institutions

*Items like essential
foods, dairy products,
bread, life and medical
insurance, and life-
saving medicines have
been made tax-free or
moved to a lower tax
bracket.*

GST reforms Relief for Common People & Boost for Business

GST law was drafted by the UPA Government before 2014. However, after NDA came to power in 2014, Prime Minister Narendra Modi's Government implemented this law in 2017. The Chief Ministers of all the states of India are the permanent members of the GST Council. When GST was implemented, the then Chief Minister Basavaraj Bommai was a member of the Council and now, Chief Minister Siddaramaiah and Krishna Byregowda are the representatives of our State. In the first five years, the Central Government compensated the Karnataka Government for the loss of revenue due to implementation of GST. Smt. Nirmala Sitaraman, the present Finance Minister is the main architect for the reformation of GST rules.

The Goods and Services Tax (GST), introduced on 1st July 2017, was India's most significant indirect tax reform since Independence. Before the launch of GST, India's indirect tax system was highly fragmented. Every state followed its own tax rates, surcharge and other levies, and procedures, making trade across India complicated and compliance-heavy. Businesses often faced overlapping taxes, inconsistent rules, and limited credit for inputs. By bringing together multiple central and state taxes into a single, unified system, GST created a common national market, reduced the cascading effects of taxes and improved transparency. Over



eight years, GST steadily evolved through rate rationalisation and digitalization, and became the backbone of India's indirect tax framework.

After 8 years, the Union Government has now taken an unprecedented step, with the support of Finance Ministers of all the State Governments and Union Territories, by rationalizing the GST Tax rates. This rationalization is not confined only to reduction of taxes on a large number of goods and services but is opening the possibility of making the lives of common people less burdensome and ensuring ease of business in the country. Its purpose includes making compliance of GST rules simple; removing of confusion over product classification and reducing the tax slabs to only two – 5 per cent and 18 % (however, luxury and sin items are kept in third slab of 40 %); ensuring faster refunds and simplification of registration process too.

Dr. B.R. Jayamma Gets Shrivedi Ramana Maharshi Award 2025



Inauguration of 'Shrivedi Ramana Maharshi Award-2025' programme.



K.S. Rajamannar
Senior Journalist

Ethical Way of life is the Essence of Society:

“Ethical way of life is the essence of any society; that is the mystical hymn of every individual” – these were the words of Shri Yogeshvarananda Swamiji of Ramakrishna Yogashrama, Bengaluru. He was speaking in the 'Shrivedi Ramana Maharshi Award-2025' giving ceremony and the release of a Kannada book 'Avadhutha Gattahalli Shri Anjanappaswamiji and his Tradition', authored by Dr. K.R. Kamalesh, on September 6, 2025, in the Shrivedi College, Tumakuru. He highlighted in his speech the importance of Indian philosophy that every one should understand and follow in their lives.

He continued and said “Most importantly if teachers, doctors adopt ethical practices in their lives, their society can never be damaged or destroyed by any external force. But today, our educational institutions, instead of making students ideal citizens of the society, have sacrificed the real values, instead, are engaged in the business of education for amassing money. The situation in most of the multi-specialty hospitals is not any different. Human consideration is missing in their service. The only aim of hospitals is giving prominence to exacting money from the patients. Such being the case, from whom we can expect values? But, when such a

“The immortal poet Kalidasa, who was once an illiterate shepherd became 'Kavirathna', (a Gem among poets) achieved his eminence with the blessings of Mother Kali. The sacred idol installed in the sanctum sanctorum of famous Udupi Krishna Temple turned backwards to give his 'darshana' to saint Kanakadasa. That was the strength of Kanakadasa's devotion. The responsibility of continuing the tradition of Avadhutha and our spirituality lies on the shoulders of our society and dharmic leaders. Our Dr. M.R. Hulinaykar, the Founder Chairman of Shrivedi Group of Educational Institutions has been giving all his support for such efforts.

- H.M. Revanna
Chairman, Guarantee
Implementation Committee,
and former Minister
Government of Karnataka

gloom is found all around, Dr. M.R. Hulinaykar couple have set an example for other institutions by following the real values of life to be followed by educational institutions and hospitals. Not confining to the ethics, they have established a Durgadevi Temple in the campus, and have shown that the path of devotion and educational or medical service being provided are not antagonistic to each other. Their attitude towards spirituality has lit light in the lives of students, teachers and patients.

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The Government has assured that within three working-days, people can get GST registration. Once these changes will come into effect, which is, as announced, from September 22, 2025, 140 crore consumers and MSMEs get most of the products and services at cheaper rates as they have been included either in the lowest slab of rates or in the ‘no-tax’ brackets. This means that no individual in the country is left out from availing the benefits of this unparalleled reform of GST.

The Purpose:

According to GST Council, these next-gen GST reforms aim at building on GST’s success with a simplified 2-tier structure, fairer taxation, and digital filing for ease and faster refunds. They prioritize consumers by lowering rates on essentials and high-value items, empower MSMEs and other manufacturers with smoother cash flows, strengthen state revenues, and boost demand driving consumption and manufacturing growth across India.

They also aim at simplification of registration and return filing; faster refunds; and compliance costs reduced to ease the burden on businesses, especially MSMEs and startups.

Analysis of the Picture from the Ground:

Items like essential foods, dairy products, bread, life and medical insurance, and life-saving medicines have been made tax-free or moved to a lower tax bracket. This will certainly lower monthly household bills. Prices of appliances for house use, electronics, cement and automobiles will also become more affordable in the new GST regime. These benefits are certainly going not only to increase domestic consumption but also to boost economic activities associated with the production of these products, and construction as their input costs go down, and the production increases, it will, in turn, improve employment opportunities in the country. On a general front, this step will help the Government keep the inflation rate further low, which is already under control.

Revised Rates in a nutshell:

- GST reforms cut taxes on household essentials (soaps, toothpaste, Indian breads) to 5% or Nil rate, boosting affordability.
- Taxes on life-saving drugs, medicines are reduced from 12% to Nil or 5% making healthcare affordable.
- Two-wheelers, small cars, TVs, ACs, cement get a cut from 28% to 18% bringing relief to middle-class, resulting in a saving of 10%. It will strengthen India’s

GST reforms



- electronics and automobile manufacturing sector.
- Farm machinery, irrigation equipment get a tax cut from 12% to 5%. This will reduce farming costs.
 - Tobacco, pan masala, aerated drinks, and luxury goods are taxed at 40%.
 - We now get food items such as packaged namkeens, bhujia, sauces, pasta, chocolates, coffee, preserved meat etc. at the reduced tax rate of 5 % which was earlier 12% or 18%.

These reforms is expected to boost construction activities as GST rates have been reduced on cement (from 28% to 18%), Marble and travertine blocks, granite blocks, sand-lime bricks (from 12% to 5%) and pallets (from 12% to 5%). This reduction of rates is also expected to spur demand in real estate and create new jobs in construction sector. Similarly, the automobile and spare parts purchase is going to get a benefit of 10% reduction in taxes. Farm equipment will be cheaper by 7 to 13 %. Hotel-stay, toys, sports items and handicrafts will be cheaper once these rates come into effect.

The GST Council has not forgotten our students. Items such as exercise books, erasers, pencils, crayons and sharpeners are completely exempt from GST while the tax on geometry boxes is reduced by 7%.

What is there for Health Sector:

Reduced rates on medicines and medical devices will improve access to healthcare and support domestic manufacturing in the pharma and medical equipment sectors. 33 life-saving drugs, diagnostic kits are exempt from tax, which so far was 12%. Consumers of other medicines including Ayurveda, Unani, Homeopathy can now save 7 % in their purchase bills and of spectacles and corrective goggles can enjoy a benefit of 23% less tax. Rates of taxes on medical oxygen, thermometers,

Some experts are watching whether benefits are fully passed on to consumers. They insist that it is very much necessary that the Central and State Governments take responsibility of monitoring continuously that the benefits of these reforms are really passed on to the end consumers.

surgical instruments have been reduced from 12% or 18% to 5% and reduction of taxes on medical, dental, and veterinary devices is by 13%. Added to these, GST exemptions on life and health insurance premiums will help the common people get healthcare at ease.

Indirect benefits:

- The new system will create a virtuous cycle of growth.**
- By correcting inverted duty structures boosts domestic value addition and exports.
 - This overhauling of GST, in the beginning, will reduce the revenue of both the Central and State Governments/Union Territories. But as seen in past reforms lower rate of taxes ensures better compliance leading to an increase in revenue collections. There is a chain of benefits that the proposed reforms will bring, such as lower cost of input, higher demand, larger tax base, improved revenues coupled with sustainable growth.
 - Exemption of GST on life insurance and medical insurance and essential medicines strengthens household healthcare security in addition to the present Ayushman scheme.
 - All these reforms ensure that GST is citizen-centric, business-friendly, and aligned with India’s

global growth ambitions.
What Experts and Industry Leaders Say:

Experts and industry leaders are generally optimistic, with expectations of increased consumption, improved affordability, and better competitiveness. According to them, reduction of GST rates of most of the items and exemption being granted from GST for some items will improve production activities by reducing production costs - CEOs of industries say.

“Reduction in GST rates on life-saving and essential drugs, along with the standardisation of GST for consumables, are highly positive steps for both patients and the health sector”.

“By cutting taxes on 33 life-saving drugs to zero, removing GST on select therapies for cancer and rare diseases, and reducing rates from 12 percent to 5 percent on a wider range of medicines, a significant barrier to treatment costs has been addressed”.

“We see this as a constructive reform that strengthens the foundation of an inclusive healthcare ecosystem, and we remain committed to working with policymakers to ensure these changes bring meaningful impact to patients’ lives.”

“With the roll out of next-generation GST reforms, we expect consumers to see a tangible increase in disposable income, thanks to the combined effect of income tax relief given in the latest Union budget and the proposed lower GST rates.

However, the Chairman of the All-India Gem and Jewelry Domestic Council (GJC), said, “The current GST reforms, or GST 2.0, offer no direct or immediate relief for gems and jewelry exporters.”

The Chief Division Officer of Nemetschek Group, said “These measures will help moderate construction costs, ease pressure on real estate developers, and promote sustainable infrastructure growth. These reforms are timely and will help drive demand and investment in India’s growing infrastructure sector, supporting our vision of enabling smarter, more efficient construction through digital transformation.”

Chairman and Managing Director of Piaggio Vehicles Pvt. Ltd., said, “The new GST framework is an important step towards a balanced and transparent tax structure. It benefits Original Equipment Manufacturers also helping consumers get the products at a cheaper cost. The reduction in GST rates for two-wheelers under 350cc will make them more accessible to a wider audience and is expected to drive demand growth”.

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Cataract Problems among School Children and Humanitarian Service by Shridevi Hospital

■ K.S. Rajamannar

There is a wide-spread misconception that only senior citizens are subject to the problem of cataract. But cataract does not exempt children from its stranglehold. Even school children are having this problem. This grievous problem is taking serious proportions especially in rural areas where medical facilities are not available and poverty prevails widely. Many children, whose parents cannot afford to incur lakhs of rupees for getting required treatment for their children,



Dr. Praveen Kumar, Karthik and Sudha with children who were operated for cataract.

suffer in the unilluminated murky world throughout their lives, without enjoying the sunlight or the beauty of the nature. Naturally, they will not be able to get the basic education

even and they remain far from all activities. Such children are not given the required care, instead treated with disdain. Under these circumstances, Shridevi Medical Hospital, Tumakuru, has become a torchbearer, bringing sight to their eyes, shedding light on their path. By rendering this service, Shridevi Hospital has been an epitome in social service.

Every year Shridevi Hospital conducts 'Free Eye-Camps' in rural areas of Tumakuru District to find out whether any child is suffering from cataract problem. Such children will get operated and imported lenses are

provided free of cost. This procedure and the lenses cost a minimum of two lakhs rupees in Hi-Fi Corporate hospitals elsewhere. S.B. Prashanth and Dr. Surekha, Ophthalmologist, and founders of Nayonika Eyecare Charitable Trust are joining hands with Shridevi Medical College Hospital in conducting these eye camps. They provide lenses besides giving spectacles free of cost for the children who have undergone cataract surgery. This helped Shridevi Hospital immensely in their service to the children of rural areas.

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One day, watching how Shridevi Medical College and Research Hospital, Tumakuru, was conducting its drive to bring back light to the lives of children of rural areas, who had lost their eye-sight due to cataract, Shri S.B. Prashant and his wife Dr. Surekha Prashant, the founders of Nayonika Eye-care Charitable Trust, Bengaluru, were wonderstruck. The Ophthalmology Department of Shridevi Medical College, with a compassionate view of preventing the lives of children affected by cataract becoming permanently dark, has been extending its service to backward areas of Tumkur Districts, i.e. Pavagada, Sira, Koratagere, etc. and also to Madakasira of Andhra Pradesh. The personnel of this College go to these places, identify children having cataract problem, and conduct required tests at the Primary Health Centres in Kodagenahalli, Byala, Gondhiahalli, Badavana Halli in Madhugiri taluk and then bring them to Shridevi Hospital to conduct operation. Finally, they will be safely taken back to their respective homes.

Dr. Praveen Kumar, who had special training in Aravinda Hospital, Tamil Nadu, has taken the responsibility of this humane

The Result of Concerted Effort



Sri Japananda Swamiji of Ramakrishna Ashrama, Pavagada, Dr. M.R.Hulinaykar, Dr. Sujatha Rathod, Dr. Lavanya Raman, Prashanth, Dr. Raman Hulinaykar, M.S. Patil and Dr. Harendra Kumar.

service on his shoulder. He is supported ably by the Dr. K.P. Kallesh, a Senior Surgeon. This procedure, which is conducted in the well-equipped operation theatre of Shridevi Medical College Hospital. Preliminary tests are conducted in the state of art lab in the hospital.

Impressed by the service being rendered by the Shridevi Medical College, Shri Prashant and Dr. Surekha Prashant voluntarily came forward and assured that Nayonika Eye-care Charitable Trust would actively associate with Shridevi Medical Collage in its service. Now, they are providing high quality imported Alcon lens with frames to the children who got their eye operated. They have assured that they would sponsor one thousand

operations every year, in the names of Dr. M.R. Hulinaykar, the Founder Chairman of Shridevi Educational Institutions and Acharya Dr. Nagaraja, Founder Chairman of Suvarnamukhi Samskriti Dhama. Added to this, the Health and Family Welfare Department, Government of Karnataka, has also come forward to give grants for this drive.

With the help extended by Nayonika Eye-care Charitable Trust and the Department of Family Welfare Department, Shridevi Medical College and Research Hospital is conducting this service to humanity in a big and efficient way and has become a well-known centre for cataract operation. The aim of Shridevi Medical College is to eradicate completely the cataract

problem that is prevailing among children. It is extending this service to children free of cost.

Dr. Sujatha Rathod, the Director of Minto Hospital, Bengaluru, was very much impressed by the quality of the service of Shridevi College being rendered and decided to conduct such a humane service in all the Government Medical Colleges and has already started this programme in Bangalore Government Medical College. She is hopeful that such a programme would be conducted in other Government Medical Colleges also.

This programme was started in Shridevi Medical College and Research Hospital by Dr. M.R. Hulinaykar, the Founder Chairman. Dr. Raman M. Hulinaykar, the Medical Director responded positively for his endeavour. Dr. Lavanya Raman, the Head of Ophthalmology Department of the College, has been executing this efficiently. She has in her team Dr. Praveen Kumar, the eye surgeon, Dr. K.P. Kallash, H.N. Karhtik, O.T. Nurse Smt. Sudha and Megha C.S. who are playing major roles in this programme. The success achieved so far in this programme is the result of the concerted efforts of all these persons.



Meghalaya Governor Visits Dr. M.R. Hulinaykar

Shri C.H. Vijayashankar, Governor of Meghalaya, and his family members, visited Dr. M.R. Hulinaykar, BJP Leader and former Member, Karnataka Vidhana Parishath, recently at his house. Smt. Shanthadurgadevi Hulinaykar, Dr. Raman M. Hulinaykar, M.S. Patil, Smt. Ambika Hulinaykar, Dr. Lavanya Raman, S. Naganna, Madhukar, Jyothiganesh, MLA, Dr. Harendra Kumar, Dr. Narendra Vishvadevaiah, Brahmadevaiah, and others were present.

Smt. Ambika Hulinaykar gets the blessings of Dharmadhikari

Smt. Ambika Hulinaykar, the General Secretary, State Bharatiya Janata Party, got the blessings of Dr. Veerendra Heggade, the Dharmadhikari of Dharmasthala during the 'Dharmajagruthi Samavesha' (Conference for creating Awareness about Dharma) held in Dharmasthala on September 1.



A protest march from the main Gate up to the College, was held in Dharmasthala by people belonging to Hindu Dharma, under the leadership of B.Y. Vijayendra, President of the State Unit of BJP, demanding that

the Government has to check the conspiracy of and false propaganda being spread by some anti-Dharma elements against Shrikrishetra Dharmasthala. They also demanded that this case must be handed over to National Investigation Agency for an impartial investigation.

National Eye-Donation Fortnight: An Awareness Programme

“It is necessary we all should take a decision that we would be donating our eyes after our death. Media have to take responsibility of creating awareness among people, and also school students about eye-donation. Popular Kannada cine stars, such as Dr. Raj Kumar and Puneeth Rajkumar, by donating their eyes, have set a good example and have become epitomes in this regard” so said Dr. Raman M. Hulinaykar, Director, Shridevi Medical College and Research Hospital, Tumakuru. He was speaking on the occasion of the awareness programme organised by the Ophthalmology Department of Shridevi Medical College and Research Hospital, District Health and Family Welfare Department, Tumakuru and Tumakuru Ophthalmologists’ Association for creating awareness among people about eye-donation on September 4 in connection with National Eye Donation fortnight.

Dr. Asghar Baig, the District



Dr. Raman M. Hulinaykar, Dr. Asghar Baig, Dr. Lavanya, Dr. M. Sanjay, Dr. Dinesh Kumar, Dr. Praveen Kumar, Dr. Harendra Kumar, Dr. Mohan Kumar, Dr. Pradeep Kumar Veggi, Dr. Kalleesh.

Ophthalmologist, said “When a person dies, his or her body will either be cremated or buried. Naturally, the eyes of that person are also lost. Instead, if the eyes of that person are donated, several people who suffering from partial or complete blindness can get light in their lives. Eye donation is the invaluable donation one can give to the society.

Dr. Lavanya, Ophthalmologist, Shridevi Hospital and Trustee, Shridevi Charitable Trust, said “Let

us follow the ideals of actor Puneeth Rajkumar and donate our eyes after our death. Day by day, the eye-sight problem, especially corneal blindness is on the increase in the country. Every day ophthalmologists, all over the country, have to deal with around 20,000 to 30,000 ophthalmological cases”.

Dr. M. Sanjay, the President, Tumakuru Ophthalmologists’ Association said “Lakhs of people in our country, have lost their sight

because of various problems. We cannot even imagine how hard the life of those who have lost their eye-sight. Instead of burning or burying our eyes, we have to donate them. One eye donated can bring light to the lives of five needy people. Thanks to the modern technology.

Dr. Dinesh Kumar, the Secretary, Tumakuru Ophthalmologists’ Association, endorsed the views of Dr. Sanjay, Dr. Asghar Baig and Dr. Lavanya and explained the importance of eye donation.

Dr. Praveen Kumar, Ophthalmologist, Shridevi Hospital, Tumakuru, said “Usually people know about the donation of heart, kidney, liver. Donation of eyes is as important as the donation of these organs. Any person, of the age above three years, can donate their eyes after their death. It is very important that eyes have to be removed from the deceased person and preserved carefully before 6 hours from the time of death. Otherwise, eyes will be of no use.

Cataract Problems among School Children...

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The main person who drives this ‘Free Cataract Surgery’ movement is Dr. Lavanya Raman, Prof. Ophthalmology Department, Shridevi Medical College. She has the special ability to plan everything in advance and execute them in a perfect manner leaving nothing to chance.

Dr. Praveen Kumar, Senior Surgeon of Ophthalmological Department of Shridevi Hospital explained in detail, about this drive in an interview.

Shridevi Medical College Hospital is fulfilling its social responsibilities humbly but successfully. This super specialty hospital has more than 1000 beds. It organises Eye-camp every year in all the schools in Madhugiri, Pavagada, Sira and Tumakuru taluks of Tumakuru district for checking cataract cases in those school children.

Senior citizens are subject to cataract which is, like hair turning grey, knee pain, etc., also a common feature that affect them. Cataract is not a strange disease or condition in humans. It does not differentiate between males or females. However, due to blood pressure, diabetes, or the side- effects of some medicines, cataract may not wait till people reach 60 years of age. It means that in such cases, irrespective of their age, they may be subject to cataract.

Usually, children are not within the hard clutches of cataract. But this does not ensure that all children are safe from it. When children got into this problem, we have to find out the reasons for it. May be, it is due to the children meeting with some accidents, infections that mothers contracted during conception, etc. Sometimes, steroids, some medicines may also be



the cause this problem.

In such cases, children may have this problem at the very young age itself. Such children do not participate in games; they do not show interest in mingling with others in social meetings. They do not even respond to mothers’ smile at them or do not

express their feelings even. They just have their food and lie in a corner. Such children need cataract operation as early as possible. Otherwise, it affects their overall development. With a view to avoiding such a condition and also of avoiding permanent blindness, Shridevi Medical Hospital

has taken the responsibility and is engaged in finding out children who have cataract problems and carrying out surgical procedure free of cost. In case, the eye problem is simple, the Hospital treats such children and provides them with spectacles. But in serious cases, children are brought to the Hospital and treated and operated there. On an average, Shridevi Hospital is conducting twelve cataract operations every year in Madhugiri, Pavagada, Sira and Tumakuru taluks. Those children, who got treatment and or got operation done, have now been leading lives like other normal children. It is interesting to note that about 90 per cent of children who were treated by Shridevi Hospital belong to financially weaker sections of our society.

Dr. Praveen Kumar acknowledges gratefully the help and cooperation extended for this drive by the Management and the hospital staff.

Congratulations



Prof. K.G. Parashuram, Senior Professor in Social Works Study & Research Department, and Member of Syndicate, Tumakuru University, has been appointed as a Member of Tribunal, Karnataka Central University, Kalaburgi. Dr. M.R. Hulinaykar, Founder Chairman of Shridevi Educational Institutioans, Dr. Raman M. Hulinaykar, M.S. Patil, Smt. Ambika Hulinaykar and Principal Dr. M.L. Harendra Kumar congratulated Prof. K.G. Parushuram.

GST reforms



◀ From Page 2

Mukesh Ambani, Chairman and Managing Director of Reliance Industries Limited and Reliance Retail, said “The GST rationalisation is a progressive step towards making products and services more affordable for consumers, easing operational complexity, lowering inflation, and driving growth across the retail sector. This is a big booster for India’s economic growth. These reforms could accelerate the economy further, potentially bringing GDP growth closer to double digits which was at 7.8% in the first quarter of this financial year”.

Isha Ambani, Executive Director of Reliance Retail Ventures Limited, said, “The new GST regime is transformative, bringing relief to household budgets and simplifying compliance for businesses. Reliance Retail is committed to passing the entire benefit of these reforms to customers from Day 1 across all consumption categories”.

To sum up the views expressed by heads of various industries, this historic step taken by the Government is appreciated by a large section of the people.

However, some experts are watching whether benefits are fully passed on to consumers. They insist that it is very much necessary that the Central and State Governments take responsibility of monitoring continuously that the benefits of these reforms are really passed on to the end consumers.

Conclusion:

The adoption of the new simplified GST structure and wide-ranging rate reductions marks a new chapter in India’s tax journey. By focusing on affordability for citizens, competitiveness in businesses, and transparency in compliance, these reforms make GST not just a consumer-friendly tax system, but a catalyst for inclusive prosperity and economic transformation too. Effective from 22nd September 2025, the reforms reaffirm India’s commitment to building a simpler, fairer, and growth-oriented GST framework, ensuring both ease of living for people and ease of doing business for enterprises.

‘Shrisamskriti’ Annual Celebration-2025

Dr. Ashok Kumar Malpani, Dean, Rajiv Gandhi University of Health Sciences, Bengaluru, said “The Medical Community has to create awareness about the harmful effects on health condition due to excess consumption of antibiotic drugs”. He was inaugurating the ‘Shrisamskriti’ Annual Day Celebration held on September 30, in the Shridevi Pharmacy College, Tumakuru. He further said “When different organs fail to function properly, many types of health problems arise. Then, inevitably, one has to take antibiotics. While prescribing antibiotics, doctors have to inform the patients about their harmful effects also. Medical community too has to create awareness about this. Doctors and Pharmacists in the field have to take more responsibilities in this respect.”

“For popularising Pharmacy Courses, the Research Honorarium for students of degree courses, has been increased from Rs. 15,000 to Rs. 30,000. Pharmacy students have to make use of this facility”.

Dr. Kranthi Kumar Sirsi, Registrar,



Dr. Ashok Kumar Malpani, Dean, Rajiv Gandhi University of Health Sciences, Bengaluru, and Dr. Kranthi Kumar Sirsi, Registrar, Karnataka State Pharmacy Council, Bengaluru, M.S. Patil, Smt. Ambika M. Hulinaykar, Dr. B. Gopalakrishna, Director of Shridevi Pharmacy College, Dr. Shivakumar, Principal, Shridevi Pharmacy College, Dr. Arpitha, Dr. K.S. Shrilatha, H.A. Ramash and others who were present in the programme.

Karnataka State Pharmacy Council, Bengaluru, who had participated in the programme said “There are 95,000 pharmacists in the State. The registration procedure is now simplified. Pharmacists can now register using mobile apps itself from their place itself.”

M.S. Patil, Director (HR), Shridevi Educational Institutions, who had presided over the programme said “Pharmacists went to each and every home and supplied required medicines to people during covid pandemic period and made them

understand how important their role in the society. Because of their effort to day a number of Pharmacy Colleges have come up. There is a lot of scope in this field”.

Dr. Shivakumar, Principal, Shridevi Pharmacy College, presented the annual report. During the programme, Dr. Ashok Kumar Malpani, Dean, Rajiv Gandhi University of Health Sciences, Bengaluru, and Dr. Kranthi Kumar Sirsi, Registrar, Karnataka State Pharmacy Council, Bengaluru were facilitated on behalf of Shridevi Pharmacy College.

Compassionate Treatment is Today’s Requirement

“In the last 25 years, paediatric critical care has progressed and expanded phenomenally. Many improved machines, monitors and other equipment are available to us today and this improvement is still going on. Yes, that is one part. But while treating children, what is more important than the advancement of technology, is that we must have compassionate approach, good communication with concerned people, and from our side, best collective effort. There is no alternative for this. Paediatric critical care was earlier confined to big cities only. But today, it has expanded its services even to second tier cities and rural areas also” said Dr. G.V. Basavaraj, President, Indian Academy of Paediatrics. He was speaking in the State level conference on ‘Treatment of Children in ICUs’, held in Shridevi College, Tumakuru, on September, 13.

He further said “Experience matters much to the doctors. They have to take decision at right time. This conference should throw light on how to reduce the instances of death of



mothers and new-born children and what steps we have to take to give good and appropriate medical service to the new-borns”.

Dr. M.R. Hulinaykar, Founder Chairman of Shridevi Group of Educational Institutions, said in the conference “For getting success while giving treatment to children, advanced technology, knowledge and experience of paediatricians are very much important. But, at the same time, treating with a motherly touch, and communicating compassionately with the family members of the children are more important”.

More than 500 Paediatricians

participated in this State-level conference, which was held in Tumakuru for the first time.

Dr. Raman M. Hulinaykar, Medical Director, Shridevi Medical College, Dr. M.L. Harendrakumar, Dr. Santosh, Dr. Ravishankar, Dr. Rajesh Heggade, Dr. Madhupooja, Dr. Yashasvini, Dr. Shiva Kumar, Dr. C. Ashok, Dr. C.K. Chandan, Dr. Kumar, Dr. Mohan Kumar, Dr. Arun Kumar, Dr. H. Pallavi, Dr. Maunesh Pattar, Ganashri, Shilpashri, Dr. Sumanth Patil, Dr. Eshwar Makkam, Neonatologist, Shri Siddaganga Hospital, Tumakuru, Dr. Madhuchandan, and others participated in the conference.

A Movement by Department of Health for Community Health



■ Venkatesha Prasad B.S.
Senior Journalist

Steps to ensure Healthy Food:

There is, a new hope in the economic growth that the nation is registering year by year. This new growth is bringing more and more employment opportunities for our people. But, it is very unfortunate that along with the growth of our economy, air pollution, water pollution are also growing. Added to these, the fact that food items used by people in their day-to-day lives are also becoming more and more unhealthy which are going to cause health hazards. This is a very worrisome factor.

The fast pace of urbanisation is making outside food has become inevitable. Also, having food outside has become a new life-style especially among young generation. For health-conscious people it has become very important to ascertain that the food they get outside is healthy and wholesome. Realising the gravity of this problem the Health Department of Karnataka Government has taken steps to create awareness among the consumers. It has been, to ensure healthy food is available outside, conducting regular testing, filing cases against those who violate the rules, banning using of unhealthy chemicals in the preparation of foods.

The Health Department which started this movement last year, has so far collected more than 45,000 samples of cotton candy, gobi-manchuri, fried green peas, chicken kabab, fish kabab, idli, packaged drinking water, etc. and is getting them tested in laboratories. After getting it confirmed what health-



hazardous chemicals are being used in these food items, actions are being taken against the concerned manufacturers and sellers as per the existing rules.

It is found that cotton candy (also called, Bombay Mithai), which attracts children by its colour, contains some chemicals that will have harmful effects on health. Twenty-five samples collected from various parts of the State, were sent to laboratories for testing. Out of these twenty-five, fifteen samples contained chemicals such as sun-set yellow (a synthetic orange azo dye used as a food colouring), tartrazine (a synthetic lemon-yellow azo dye, a water-soluble artificial colorant derived from petroleum used to colour foods), Rhodamine B (used as a colorant in food such as chili powder). These chemicals cause serious health issues,

and of these, rhodamine B, as per experts, causes cancer. The Karnataka Government has, therefore banned use of these colours in cotton candy. However, the white cotton candy does not have any of these chemicals.

Health-hazardous chemicals are also found in the most popular eatable gobi manchuri. Out of 171 samples of gobi manchuri, 107 samples are found to contain tartrazine, sun-set yellow and carmoisine (a synthetic red azo dye, also known as Acid Red 14 or Azorubine, used in foods to provide a vibrant red to maroon colour). Though use of tartrazine is permitted, standard limits are fixed as to how much can be used. It can be used only in packaged food items, but not in fresh ones. Infringements of the rules framed by the State Government attract a fine up to Rs.10 lakh, cancellation of licence to manufacture, imprisonment from seven years to life.

The Karnataka Government has banned use of liquid nitrogen in the hotels in making foods. Last year, in Bengaluru, a girl ate a pan (a betel leaf preparation made for chewing) which unfortunately contained liquid nitrogen, in a hotel. Liquid nitrogen made holes in the stomach, which made headlines in the State and National media. The Health Department immediately swung into action. By its nature, liquid nitrogen consumed along with the food, immediately changes its form from liquid state to vapour state and affects different parts of the body inside. Use of liquid nitrogen in the preparation of food, also attracts a sentence of imprisonment of seven to life-time and a fine of ten lakh rupees, as per the rules.

Out of 114 samples of fried green peas, 70 were tested positive. They contained harmful chemicals. Samples of sweets like Mysore Pak and crispy mixtures proved that they contained artificial colours. Samples of jilebi, cake, chutney, sauce, kabab, fruit juice, ice cream, cool drinks, etc. were also tested in the laboratory. On receipt of the test reports, the producers of food items or drinks that have harmful chemicals are being warned. In general, all the producers

of food and drink items, are made to understand that adulterated food and drink items have ill effects on the consumers. So far, in 68 cases of violation of rules, legal actions have been taken by registering cases in the J.A.F.C. Court.

About 600 hotels and restaurants were checked to see whether proper pest control measures are taken or not. Out of these, in 214 cases, notices are issued as there were lacunae in this respect. In 11 cases, a total fine of Rs. 1.15 lakhs has been levied. Similarly, some ice candy and ice cream manufacturing units have also been fined as violations were observed. Packaged water is not an exception in this regard. About 66 per cent of the samples were found unsuitable



“

Steps taken to conduct tests the source of foods, to test the samples, to file legal cases against violators, to conduct awareness programmes will be increased in the days to come. We can further ensure good health if manufacturers, sellers, and consumers become more responsible.

Dinesh Gundu Rao
Minister of Health &
Family Welfare
Government of Karnataka

for drinking because of their low quality or because of presence of harmful chemicals such as pesticides, excess fluoride, dissolved calcium, magnesium etc.

The test reports establishes that preparations such as vegetable kababs, chicken kababs, fish kababs also contain artificial colours. Out of 314 samples collected from all over the State, 86 were found to be unfit for consumption. They contained harmful sun-set yellow and carmoisine. In this background, the State Government has banned using these artificial colours in the preparation of kababs. According to the rules action can be taken against those who use such colours.

Plastic Sheets for Cooking Idlis:

The popular food 'idli' has also been trapped in this vicious circle. In hotels plastic sheets are used while cooking idlis. When heated, plastic releases bisphenol A (an industrial chemical used to make certain plastics), phthalate (a salt or ester of phthalic acid), and other chemicals which are harmful to health when consumed.

Training Given to Roadside Vendors

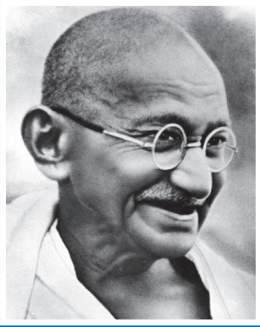
The Health Department of the State Government is conducting training programmes to create awareness among roadside vendors about food-safety and the rules regulating the quality levels and also about the ill-effects of using artificial colours. In 2024-25 and so far in 2025-26 a total of 13,585 small manufacturers of food, and 7506 hotel owners have been trained under this drive.

Junk Foods and Students:

Recently, the Central Board of Secondary Education (CBSE) has sent a circular to all the educational institutions, to conduct awareness programmes at the level of schools itself, to curb consuming junk food by the students. Food experts opine that as the non-iodized salt contained sodium is harmful to human consumption, its consumption should be minimised. But this non-iodized salt is being used by packaged food industry to increase its shelf-life. They suggest that awareness is to be created among consumers of such foods to minimise or to avoid using them. Actions taken by the Health Department to ensure food-safety, are bringing positive results. These actions are making the common people more and more health-conscious and are reducing the usage of prohibited artificial colours.

- K. Srinivas
Commissioner (Food-Safety),
Health Department, Govt of Karnataka

Thus
Spake the
Wisemen



“There is no school that matches a home where good behaviours rule the family members and there is no teacher who equals honest, conscientious parents.”

.....

I do not possess any strength other than the one given by my walking towards absolute truth. Non-violence also gives the same strength.

.....

To achieve an attitude of equality towards all, struggle against untouchability is necessary.

Mahatma Gandhi

(Excerpts from ‘Gandhi Nadedha Haadi’ By M.V. Nagaraj Rao)

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Out of 251 samples of idlis, 54 were detected to be dangerous to human health. The chemicals released by plastic sheets are harmful to endocrine glands. A few varieties of plastics release dioxins (a group of chemically related compounds that are persistent environmental pollutants) and micro-plastic particles. These, according to expert doctors, when consumed gets accumulated in the body and lead to cancer. Micro-plastic particles may cause inflammation and spoil the immunity power in the body. Besides, they react on the bacteria in the intestines, resulting in malfunction of digestion system. A few chemicals present in plastic, it is said, harm the nervous system. The result, consumers may lose their memory power, get persistent headache, imbalance of hormones, breast-cancer, prostate cancer, etc.

It is reported that washing soda (sodium carbonate), metanil yellow (a synthetic azo dye), chalk powder, etc. are mixed to make peanut chikkay (a kind of dry sweet made using peanut, jaggery, etc.) to increase the weight, and to give it good shining. Besides causing inflammation in the mouth and throat, these may harm the kidneys too.

It is found that sunset yellow,

brilliant blue, carmoisine are being used in sauce, sweet chilli powder used in making paani poori. These are mixed to give attractive colour to the chat items. Even samples of cakes that were tested found to contain cancer-causing allura Red (a synthetic, dark red, water-soluble azo dye), sunset yellow, tartrazine, etc., which are banned from being used. Paneer, which is acclaimed to be a source of complete protein, and helpful for muscle health and bone strength, etc, is not free from harmful chemicals. Samples of paneer contain harmful bacteria, prohibited additives. Shawarma which is a made of chicken, beef, or lamb, also found to contain harmful bacteria. As many as 30 light, crispy chat items that are being supplied to Karnataka from Kerala are found to be harmful to health.

Plastic Sheets, Printed Paper sheets used for parcels:

Plastic sheets come handy for packing food items. Therefore, hotels, road side vendors use them widely. Even hot coffee, tea, sambar, rice, etc are parcelled using plastic pouches. This is very harmful to health. Similarly, for parcelling hot bajji, bonda, vada, and other items fried deep in oil, printed news papers are being used by the roadside vendors. In hotels, and homes plastic sheets or

Details of Samples analysed:

Item	No. of samples analysed	Samples with harmful contents	Percentage
Bombay mithai	61	24	39.34%
Sugar Candy	135	05	3.7%
Mysore Pak	191	24	12.57%
Cool drinks/juice	207	01	0.48%
Ice-cream	175	01	0.57%
Kabab	314	86	27.39%
Sauce	160	33	20.63%
Chatney	147	13	8.84%
Gobi Manchuri	210	30	14.29%
Cake	898	19	2.12%
Khova	100	00	0.00%
Sweet eatables	606	24	3.96%
Fried green pea	114	69	60.53%
Khara Mixture	162	43	26.54%
Sharabat	143	00	0.00%
Jilebi	164	02	1.22%

printed news papers are being used to spread hot holige. By this people are adding fatal heavy metal to eatables.

Ensuring food-safety is the responsibility of consumers, sellers, manufacturers. The Health Department is conducting tests of food items available in the market and releasing the reports, as a part of their responsibility of creating awareness among consumers. Though the government is expanding its health

service all over the State, the health-spoiling food items are increasingly becoming the source of poison. This makes all the efforts of providers of health service fail to achieve the desire results. This increases the burden on the governments. Besides punitive measures, the Health Department is making all efforts to ensure healthy foods to people and also to create awareness among common people.

Shridevi Medical College Celebrates Teachers’ Day

Teachers’ Day was observed on September 9, under the joint auspices of Shridevi Medical College and Research Hospital and Old Students’ Association, Tumakuru. While addressing the gathering Dr. Raman M. Hulinaykar, the Director, Shridevi Medical College & Research Hospital, who had presided over the programme, said “Getting a Guru who can instil in students moral, ethical, dharmic values and discipline required in life is very important.”

“Teacher is crucial in the lives of students because he imparts knowledge, acts as a mentor and role model, instils essential life skills like critical thinking and communication, and fosters a love for learning and self-belief. He also helps shape moral and ethical values, provides emotional support, and creates a safe and structured environment that encourages holistic development and prepares students for future success.”

“He transforms the lives of students to a higher level by making his students understand that ethical and



moral values are the roots of life. His role in the lives of students is very important as he metamorphoses a raw person into a decent, dignified and noble citizen”.

“In any society teachers and doctors are the most respected persons. While doctors save the lives of patients, the teachers enlighten the lives of their students”.

“If students respect their teachers, and follow the values taught by their

teachings in their lives that is the real gratitude that they can pay to the teachers.”

M.S. Patil, the Director, Human Resource Department, Shridevi Group of Institutions, said “Any person who teaches something to you is a teacher. He plays an invaluable role in the lives of every one. He is a god manifested just for you. He wants his students must become good citizens by adopting good values in their lives.

He gets thrilled when his students achieve laudable things in their lives”.

Dr. Harendra Kumar, Principal, Shridevi Medical College, said “This year’s Teachers’ Day theme is ‘Inspiring the Next Generation of Learners’. This theme highlights teachers' roles in not only imparting knowledge but also in motivating students to be creative, strong, and confident, shaping future leaders and innovators. The true teachers build the personalities of their students by developing creativity in them. They give a rational turn to the lives of students which is very much necessary. They inspire the students to develop in themselves critical thinking power”.

On this occasion, Dr. Rajesh was honoured with the ‘Best Teacher-2025’ award.

Dr. Lavanya Raman, Dr. Rekha Gurumurthi, Dr. K. Mohan Kumar, Dr. Pradeep Vegi, Dr. Hemanth Raj, many Departmental Heads, and students had participated in the Teachers’ Day programme.

■ Report: H.V. Shruti Belliyar

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“The greatness of power and influence of Indian spirituality can be seen in the fact that many foreigners, leaving their materialistic life style and sacrificing lucrative jobs, are showing interest in, and many of them are embracing, our systems of yoga, meditation, and spirituality.

In contrast, our people, without understanding the worth of our tradition, are today indulged in rapacious life-style.”

“This change in the attitude of our people has paved the way for intolerance, social disturbances. It must be noted that many of our saints were totally illiterate persons, but they unveiled the real strength of India’s spiritualism to the entire world. Gattahalli Shri Anjanappa Swamiji’s life shows us that each one of us have to become great by adopting moral, ethical and spiritual way of life.”

Radhakrishna Doddamani, a Member of Lok Sabha from Kalaburgi constituency, released the book “Avadhutha Gattahalli Shri Anjanappaswamiji and his Tradition” penned by Dr. K.R. Kamalesh. Asagodu Jayasimha received the first copy of this book.

A Gem Among Officers:

Speaking on the book ‘Avadhutha Gattahalli Shri Anjanappaswamiji and his Tradition’, authored by Dr. K.R. Kamalesh, Shri D.D. Malagi, Spiritual Thinker, said “There is a striking similarity between the relations between Shri Ramakrishna Paramahansa-Swami Vivekananda and Gattahalli Avadhutha Shri Anjanappa Swamiji-B.P. Revanna. While Swami Vivekananda spread the greatness of Shri Ramakrishna Paramahansa who was living in Dakshineswar, to the entire world, B.P. Revanna, a Senior Police Officer in the then Mysore State, made Shri Anjanappa Swamiji very famous. Revanna who was an ardent devotee of Swamiji, served him till his last date and sacrificed his total life, wealth, time just for Swamiji and his Ashrama. It was not Revanna alone, but all members of his family were staunch followers of Swamiji”.

“B.P. Revanna who joined the

Dr. B.R. Jayamma Gets Shridevi Ramana Maharshi Award 2025



Release of the book “Avadhutha Gattahalli Shri Anjanappaswamiji and his Tradition” authored by Dr. K.R. Kamalesh.



Presentation of Shridevi Ramana Maharshi Award to Dr. B.R. Jayamma.

Police Department as a Police Inspector, was the first officer to raise to the level of Dy. Inspector General. He was known as a very disciplined, honest officer and was known as the most human-hearted officer. He brought honour to the Department and lived as a model to others”.

Shridevi Educational Institution Must become Private University

The Chairman, Guarantee Implementation Committee, and Former Minister, Government of Karnataka, who had participated in the programme said “A few vested interests are trying to encroach the land belonging to Gattahalli Anjanappa Swamiji Ashrama. I will speak with the Government and try to avoid such untoward attempts by those miscreants. I will also try to get the ‘Private University’ status for Shridevi Group of Institutions. This Group has the eligibility and deserves to become so”.

Speaking on the occasion Asagodu Jayasimha, Chairman, Karnataka State Brahmins’ Development Board, said “Shri Vyasara, the famous saint and Pontiff of 16th century, established temples for Shri Anjaneya Swami all over with a view to bring

peace, co-existence and equality in the society. He gave opportunities of worshipping Shri Anjaneya Swamiji to all the people. Even Dr. B.R. Ambedkar had advocated the principle of equality among our people. We have to note that many of our saints and religious leaders have supported this way of life in the society. Dr. K.R. Kamalesh has recognised this in the life of Shri Anjanappa Swamiji. We, the people of Karnataka, have to recognise and feel proud to him”.

The Founder Chairman of Shridevi Group of Institutions Dr. M.R. Hulinaykar said “Socially healthy and beneficial thoughts and messages of Guru tradition have to be propagated in the media. Since last four years, that is, since 2020, we have been giving Shridevi Ramana Maharshi Award to those who have achieved great things both in their spiritual and ordinary life that makes others emulate them and make the social life peaceful. We honoured ourselves by giving this humble award so far to Shri Sat Upasi, Shri Acjarya M. Nagaraj and retired Chief Justice of India revered M.N. Venkatachalaiah. This year, we are honouring with this award Dr. B.R. Jayamma who has been quietly engaged both in spiritual and ordinary day-to-day life since her early days”.

Dr. Lavanya Raman, the Trustee, Shridevi Charitable Trust, read out the ‘Binnavatthale’. Following that, Dr. B.R. Jayamma was honoured with the ‘Shridevi Ramana Maharshi Award-2025’.

On the same occasion, the author of the book ‘Avadhutha Gattahalli Shri

A Short life Sketch of Dr. B.R. Jayamma

Dr. B.R. Jayamma has been giving free medical service since the past 45 years, to rural people in and around the rural village Gattahalli, in Kolar Taluk. She has dedicated her life for the welfare of rural people. Besides, she is a staunch devotee of revered Shri Anjanappa Swamiji of Gattahalli like his parents.

She finished her M.B.B.S. course in the Bangalore Medical College, Bengaluru, and later did her post graduate in Gynaecology and served as a medical doctor, for some time, in the Health Department, Government of Karnataka. She also served as a Medical Officer in H.M.T. Factory before her retirement.

Following the footsteps of her father B.P. Revanna, she also continued the Avadhutha tradition. The Shridevi Charitable Trust and Shridevi Education Institutions have honoured Dr. B.R. Jayamma with ‘Shridevi Ramana Maharshi Award, 2025’. Her younger brother late Dr., B.R. Ramakrishna who was settled in United States of America, was an Orthopaedic Surgeon of international fame. His daughter Sunitha Ramakrishna is now working as a Justice in the High Court in America. Earlier, she was the Legal adviser to the US President George Bush.

Dr. Jayamma strongly believes that the blessings of Gattahalli Shri Bala Anjaneya Swami was behind all the success of her family members.

Anjanappaswamiji and his Tradition’ Dr. K.R. Kamalesh and his wife Smt. N. Bharathi were also honoured.

At the outset, M.S. Patil, Director (HRD) welcomed the gathering and at the end of the event Prof. Narendra Vishwanath, proposed the ‘vote of thanks’ to all. Smt. Shanthadurgadevi Hulinaykar, Dr. Raman M. Hulinaykar and the departmental heads of Shridevi Institutions were present in the programme.



Radhakrishna Doddamani, MP, from Kalaburgi Consituency, was felicitated.

“The blessing of Shridevi is behind all the efforts of the Founder Chairman of Shridevi Group of Educational Institutions, Dr. M.R. Hulinaykar and his wife. The power behind their achievement, peaceful and contented life, success in their professional lives is Sridevi whom they are worshipping here. They have given to the society more than what the society has given them.

Swami Yogishvarananda
Ramakrishna Yogashrama, Ramohalli, Kengeri

Huli (meaning a tiger in Kannada) is the king of forest. Similarly, Dr. ‘Huli’ naykar, who has etched his footprints in both the fields of health and education, and also known for his humane approach, is a ‘king’ for all of us. The book ‘Avadhutha Gattahalli Shri Anjanappaswamiji and his Tradition’, being released today, which is a good research work, is a ‘landmark’ in the Kannada literary world. The author has portrayed what magical power is there in the soil of Kolar district, in this work”

D.D. Malagi, Spiritual Thinker

Shridevi Charitable Trust and Shridevi Group of Institutions have been honouring every year since 2020, without discriminating between religions, castes or creeds, men who are sincerely working in both spiritual and social fields, with Shridevi Ramana Maharshi Award. The seers and dharmic leaders have the ability to lead the society on the right path. For this, spirituality has to go hand in hand with the education system of the country. Noble thoughts have to be propagated only through spirituality. This is real purpose of instituting this award.

Dr. M.R. Hulinaykar, Founder Chairman, Shridevi Group of Educational Institutions